



PROFILE ABOUT DR. NICOLE AT A GLANCE

BIOGRAPHY

Dr. Nicole Christian-Brathwaite, MD is a nationally recognized Board-Certified Adult, Child and Adolescent Psychiatrist. Dr. Christian-Brathwaite is the CEO and Founder of Well Minds Psychiatry and Consulting Company, PLLC. Dr. Christian-Brathwaite has expertise in Perinatal and Post-Partum Mental Health, trauma informed care, telepsychiatry, mental health in communities of color, school psychiatry, implicit bias and racism in mental health. She has extensive clinical experience with adults, children, adolescents, transitional and college aged youth.

After graduating from University of Pittsburgh School of Medicine, she joined the Adult Psychiatry Residency Program and then completed fellowship in the Child and Adolescent Psychiatry Fellowship at Massachusetts General/McLean Hospital. She is the former Medical Director at Riverside Community Care a large community mental health clinic. (PTO)

CEO and Founder Well Minds Psychiatry and Consulting Company

Board of Directors – Post Partum Depression Fund

Board of Directors – Families for Depression Awareness

Covid-19 Action Coalition - Disparities Lead

American Medical Association: Women's Physician Section 2019 Inspiration Award Nominee

Expert Clinical Consultant to Massachusetts College of Pharmacy, Brigham & Womens Hospital, UMass Medical, Lesley University, William James College, Massachusetts School Administrators Association and numerous other public and private schools districts, universities, hospitals and corporations.

CONTACT INFO

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2020 ENGAGEMENT LIST

Harvard Medical School: The Age of Anxiety Treatment and Assessment - January 24 2020 (Fairmont Copley Plaza Hotel)

William James College: Adverse Childhood Experiences (ACES)
January 31, 2020

Dedham School District Mental Health Providers: Implicit Bias
March 3, 2020

Boston University School of Public Health: Adolescent Health
(Guest Lecturer) March 3, 2020

Boston Association of Black Journalists, Inc.: Coping with COVID-19: For Journalists and Communication Workers.
April 8, 2020 Webinar

Melanin Mass Moms: Self Care tips for Moms during COVID
April 9, 2020 Webinar

Department of Public Health: Youth Workers: How to Support the Mental Wellness of Adolescents in Uncertain Times.
April 29, 2020. Webinar

Association of Independent Schools of New England (AISNE): Wellness Conference: Understanding Adverse Childhood Experiences and Preventing teacher Burnout - May 5, 2020

Massachusetts Post-Partum Depression Fund: Flourishing 2020 Keynote Speaker - May 9, 2020

Massachusetts School Administrators Association: Keynote Speaker Annual PK-8th Spring Conference - May 20, 2020. Webinar.

Children's Mercy Hospital, Kansas Diversity Grand Rounds: Understanding Presentation, Diagnosis and Treatment of Mental Illness in African American Adolescents - May 21, 2020 Webinar

Milton School District: Cultural and Clinical Consultant
June 2020 – June 2021

MCPAP for Moms, Brigham and Women's Hospital: Disparities in Maternal Mental Health Care - June, 2020

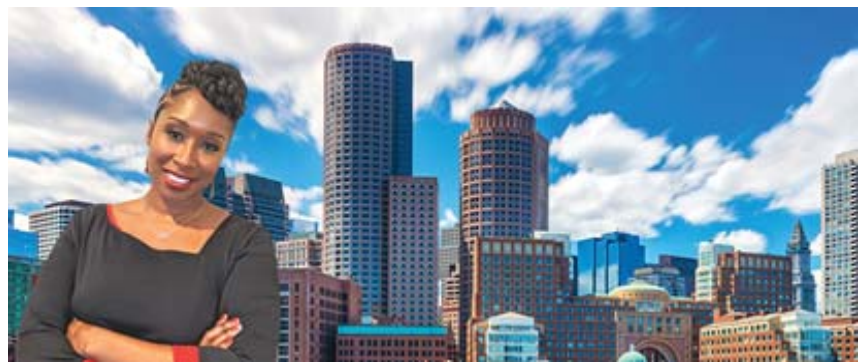
Blackbabybooks.com: Building Resilience in Black Children
June 16, 2020

In the Ladies' Room Podcast: Post Partum Depression
June 16, 2020

Nashua Division of Public Health: Talking to Your Kids About Race
- June 19, 2020

AAFP National Conference of Constituent Leaders (NCCL): Thrive Beyond the Persistent Assaults of Microaggressions and Implicit Bias - June 23 - 25, 2020 Kansas City, (POSTPONED)

Lincoln Public School District: Understanding the Intersection of Trauma and Racism - August, 2020



About Dr. Nicole (continued)

Dr. Christian-Brathwaite's clinical focus is on delivery of mental health care to seriously ill children, adolescents, adults and families both locally and globally. She has traveled extensively and conducted research in Liberia and Ghana, West Africa, as well as Italy. Dr. Christian-Brathwaite has significant experience working with and treating individuals from diverse backgrounds. She has devoted a substantial amount of her medical career to educating the medical and lay community about disparities in mental health, creating cultural formulations, and confronting biases. Dr. Christian-Brathwaite has written about and provided training on Implicit Bias in Medicine and Behavioral Health Care. She specializes in working with educators and schools to reduce stigma, decrease expulsion and suspension rates and improve the overall education of children with mental health needs. Dr. Christian-Brathwaite provides expert consultation, assessment and strategic planning to organizations and hospitals around diversity, cultural humility and disparities. She regularly participates in radio, TV and news interviews and community events about mental health and wellness in African American and other communities.

Dr. Christian-Brathwaite was selected as a member of the inaugural class of the Women's Wellness through Equity and Leadership program, sponsored by the American Psychiatric Association and the American Physician's Foundation. She has given lectures throughout the country on topics such as "Adverse Childhood Experiences in the School Environment", "Prioritizing Self Care", "Anxiety in African American Communities", "Post-Partum Depression in Women of Color", "Implicit Bias in Schools", "Becoming Anti-racist: From Individual to Institutional Change", "Combating Racism in Medicine", "Trauma and Equity in Mental Health" and "Supporting the Mental Health of Students".

SESSIONS & SEMINARS

PRICE LIST AVAILABLE UPON REQUEST



CIRRICULUM DEVELOPMENT

CORPORATE TRAININGS & COACHING

DIVERSITY/INCLUSION ASSESSMENT

KEYNOTE ENGAGEMENTS

1/2 & FULL DAY WORKSHOPS & SESSIONS

PROFESSIONAL DEVELOPMENT PACKAGES
RANGE FROM 1-6 SEESIONS 1-2 HOURS EA